

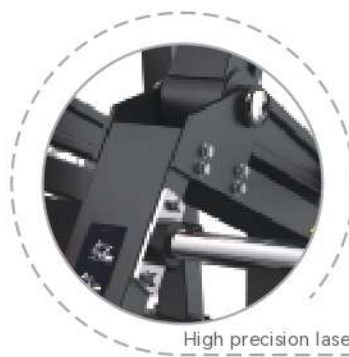
Strength exercises

American Iron Fitness Supply Co.

AIP 1013 Biceps Curl  AIP 1014 Triceps Extension  AIP 1015 Hip Thrust 			Equipment picture
1489mm	1660mm	1625mm	
1084mm	1864mm	1249mm	
1189mm	1054mm	815mm	
128KG	219KG	83KG	
-	-	-	
-	-	-	



POWER PLATE LOADED



High precision laser cutting



Quick seat adjusting



Special power coating process

Upholstery Colors

RS-31

RS-45

RS-170

Equipment picture

AIP 1001
Chest Press



AIP 1002
Row



AIP 1003
Shoulder
Press



AIP 1004
Incline
Chest Press



Length

1470mm

1485mm

1390mm

1535mm

Width

1425mm

1165mm

1250mm

1130mm

Height

1720mm

1310mm

1510mm

1680mm

Machine Weight

200KG

162KG

165KG

187KG

Weight Stack

-

-

-

-

Optional weight

-

-

-

-

AIP 1005	AIP 1006	AIP 1007	AIP 1008			AIP 1009	AIP 1010	AIP 1011	AIP 1012
Wide Chest Press	Lat Pulldown	Low Row	Leg Press			Calf	Rear Kick	Leg Extension	Prone Leg Curl
									
1530mm	1725mm	1410mm	2260mm	Equipment picture	Equipment picture	1740mm	1430mm	1854mm	1824mm
1400mm	1280mm	1300mm	1760mm	Length	Length	1200mm	1470mm	1688mm	1204mm
1770mm	1980mm	1660mm	1470mm	Width	Width	1160mm	1720mm	1134mm	1576mm
214KG	184KG	174KG	225KG	Height	Height	155KG	159KG	121KG	139KG
-	-	-	-	Machine Weight	Machine Weight	-	-	-	-
-	-	-	-	Weight Stack	Weight Stack	-	-	-	-
-	-	-	-	Optional weight	Optional weight	-	-	-	-

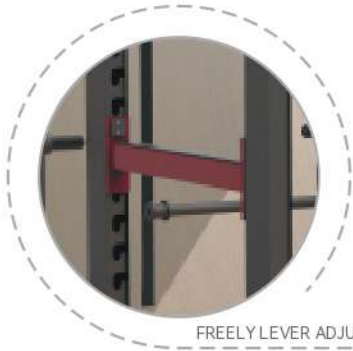


POWER RACK

POWER RACK



HIGH PRECISION LASER CUTTING



FREELY LEVER ADJUSTMENT



ERGONOMIC HANDLE

Equipment picture

AIP 202
POWER RACK



AIP 204
POWER RACK



AIP 209
POWER RACK



Length	1400mm	1400mm	1869mm
Width	1500mm	2100mm	1724mm
Height	2500mm	2500mm	2300mm
Machine Weight	272KG	351KG	216KG
Weight Stack	-	-	-
Optional weight	-	-	-

Selectorized

Equipment picture



DUAL-FUNCTION DESIGN



PRECISION WELDING PROCESS



QUICK SEAT ADJUSTMENT

AIS 2101
Chest Press/
Shoulder Press



AIS 2102
Pulldown/
Seated Row



AIS 2103
Pec Fly/Rear Delt



AIS 2104
Dip/Chin Assist



Length
Width
Height
Machine Weight
Weight Stack
Optional weight

1985mm
1356mm
1667mm
225KG
68KG
-

1878mm
1214mm
2258mm
214KG
86KG
-

1370mm
1501mm
1953mm
233KG
86KG
-

1164mm
1543mm
2200mm
237KG
64KG
-

Upholstery Colors

RS-31

RS-45

RS-170

Frame Colors

PF-53

PF-64

AIS 2105 Leg Extension/ Leg Curl		AIS 2106 Hip Abduction/ Abduction		AIS 2107 Biceps Curl/ Triceps Extension		AIS 2108 Leg Press/ Calf Extension				AIS 2109 Abdominal/ Back Extension		AIS 2110 Deep Squat/ Standing Calf Extension		AIS 2111 Rotary Hip		AIS 2122 Lat Pulldown	
																	
1610mm		1670mm		1115mm		1940mm		Length	Length	1120mm		1295mm		1482mm		1675mm	
1328mm		730mm		1310mm		1135mm		Width	Width	1250mm		1154mm		930mm		1430mm	
1498mm		1498mm		1498mm		1498mm		Height	Height	1498mm		1498mm		1498mm		2020mm	
262KG		189KG		181KG		301KG		Machine Weight	Machine Weight	227KG		278KG		217KG		305KG	
132KG		68KG		55KG		132KG		Weight Stack	Weight Stack	118KG		123KG		68KG		136KG	
-		-		-		-		Optional weight	Optional weight	-		-		-		-	

Innovative Series

Equipment picture



DUAL-FUNCTION DESIGN



PRECISION WELDING PROCESS



QUICK SEAT ADJUSTMENT

Upholstery Colors

RS-31

RS-45

RS-170

Frame Colors

PF-53

PF-64

AIS 2201

Seated Chest Press



AIS 2202

Seated Row



AIS 2203

Shoulder Press



AIS 2204

Torso Rotation



Length

972mm

1590mm

1707mm

862mm

Width

1517mm

1080mm

1460mm

1261mm

Height

1815mm

1498mm

1948mm

1498mm

Machine Weight

181KG

192KG

187KG

159KG

Weight Stack

54KG

68KG

54KG

54KG

Optional weight

-

-

-

-

AIS 2205 Leg Extension		AIS 2206 Seated Leg Curl		AIS 2207 Biceps Curl		AIS 2208 Triceps Extension				AIS 2209 Abdominal		AIS 2210 Back Extension		AIS 2211 Seated Leg Press		AIS 2212 Deltoid Trainer	
																	
1267mm		1430mm		1119mm		1004mm		Length	Length	900mm		1298mm		1864mm		1495mm	
1208mm		1208mm		1200mm		1260mm		Width	Width	1176mm		1185mm		1182mm		876mm	
1498mm		1498mm		1498mm		1498mm		Height	Height	1498mm		1498mm		1498mm		1567mm	
218KG		216KG		163KG		169KG		Machine Weight	Machine Weight	205KG		211KG		344KG		183KG	
86KG		86KG		54KG		54KG		Weight Stack	Weight Stack	86KG		86KG		150KG		54KG	
-		-		-		-		Optional weight	Optional weight	-		-		-		-	

AIS 2215 Hip trainer		AIS 2216 Hip Abduction / Adduction		AIS 2217 Standing Calf Extension		AIS 2218 Prone Leg Curl				AIS 2220 Hip trainer		AIS 2222 Lateral Raise		AIS 2223 Neck bending machine		AIS 2231 Fly/Rear Delt	
																	
1625mm		1575mm		1054mm		1725mm		Length	Length	1827mm		937mm		1678mm		1418mm	
1130mm		749mm		955mm		1236mm		Width	Width	858mm		1192mm		876mm		1457mm	
1498mm		1498mm		1665mm		1498mm		Height	Height	1498mm		1498mm		1578mm		1985mm	
198KG		194KG		196KG		198KG		Machine Weight	Machine Weight	192KG		216KG		238KG		197KG	
68KG		68KG		77KG		68KG		Weight Stack	Weight Stack	77KG		68KG		91KG		68KG	
-		-		-		-		Optional weight	Optional weight	-		-		-		-	

AIS 2233 Standing Biceps/ Triceps	AIS 2235 Waist side bending	AIS 2237 Neck Rotation	AIS 2238 Torso Rotation	
				Equipment picture
1450mm	1326mm	1376mm	1313mm	Length
876mm	876mm	1045mm	1524mm	Width
2104mm	1498mm	1869mm	2014mm	Height
169KG	220KG	183KG	252KG	Machine Weight
68KG	68KG	68KG	77KG	Weight Stack
-	-	-	-	Optional weight



Dual Trainer

AIS 1801
Dual cable cross

Equipment picture



ULTRA WIDE ANGLE MOTION TRAJECTORY



COLOR OXIDE METAL PULLEY



ADJUSTABLE MOBILE PHONE HOLDER

Length	1840mm-3380mm
Width	1080mm-1600mm
Height	1870mm-2410mm
Machine Weight	350KG
Weight Stack	135KG
Optional weight	-

Benches & Racks



PRECISION WELDING PROCESS



MULTI GRIP

SMART 3D BEND PIPE



Adjustable Part

SEGMENTED CUSHION

Upholstery Colors

RS-31

RS-45

RS-170

Frame Colors

PF-53

PF-64



Hyperextension

POWER TRAINER-T

AIBR0112 Crossover Pulley Combo 			AIBR0116 45 Degree Leg Press 			AIBR0116AUT 45 Degree Leg Press 			Equipment picture 		AIBR0117 Olympic Flat/ Incline/ Decline Bench 		AIBR0121 Super Over Pull 		AIBR0201 Flat Bench 		AIBR0204 Flat to Incline Utility Bench 			
3586mm			2147mm			2141mm			Length		Length		2250mm		1750mm		1411mm		1362mm	
725mm			1616mm			1616mm			Width		Width		1570mm		1630mm		647mm		447mm	
2322mm			1272mm			1408mm			Height		Height		1400mm		2200mm		402mm		415mm	
388KG			180KG			251KG			Machine Weight		Machine Weight		142KG		192KG		25KG		37KG	
220KG			-			-			Weight Stack		Weight Stack		-		-		-		-	
-			-			-			Optional weight		Optional weight		-		-		-		-	

AIBR0205 Multi-Purpose bench	AIBR0206 Preacher Curl	AIBR0207 Squat rack	AIBR0208 Seated lifting rack			AIBR0209 Olympic Flat Bench	AIBR0210 Olympic Incline Bench	AIBR0211 Olympic Decline Bench
								
1203mm	1220mm	1860mm	1750mm	Length	Length	1450mm	1480mm	1750mm
767mm	860mm	1650mm	1380mm	Width	Width	1320mm	1320mm	1320mm
1064mm	940mm	2010mm	1910mm	Height	Height	1360mm	1600mm	1360mm
23KG	46KG	130KG	129KG	Machine Weight	Machine Weight	80KG	83KG	76KG
-	-	-	-	Weight Stack	Weight Stack	-	-	-
-	-	-	-	Optional weight	Optional weight	-	-	-

AIBR0211 Crossover Pulley Combo	AIBR0215 Knee lifting machine	AIBR0218 Abdominal Crunch Board
		
4090mm	1258mm	1562mm
1063mm	1190mm	712mm
2350mm	2295mm	1004mm
305KG	66KG	44KG
136KG	-	-
264KG	-	-

	
Equipment picture	Equipment picture
Length	Length
Width	Width
Height	Height
Machine Weight	Machine Weight
Weight Stack	Weight Stack
Optional weight	Optional weight

AIBR0219 Chin dip	AIBR0220 Roman Chair	AIBR0221 Cable Crossover	AIBR0222 Smith Machine
			
1258mm	1369mm	1583mm	2162mm
1190mm	825mm	1004mm	1573mm
2295mm	827mm	2220mm	2387mm
85KG	66KG	232KG	197KG
-	-	108KG	-
-	-	-	-

AIBR0251 Barbell Rack	AIBR0252 Barbell Rack	AIBR0265 Two Tier Dumbbell Rack	AIBR0266 Tree Rack
			
1050mm	1178mm	2296mm	808mm
920mm	966mm	643mm	667mm
1545mm	1194mm	799mm	1319mm
75KG	75KG	67KG	24KG
-	-	-	-
-	-	-	-

	
Length	Length
Width	Width
Height	Height
Machine Weight	Machine Weight
Weight Stack	Weight Stack
Optional weight	Optional weight

AIBR0267 Three Tier Dumbbell Rack	AIBR0280 Ab-Back Machine	AIBR0287 Three Tier Dumbbell Rack	AIBR0288 Large Angle supine bench
			
1840mm	1077mm	1597mm	1471mm
620mm	672mm	641mm	542mm
981mm	710mm	918mm	559mm
81KG	26KG	63KG	32KG
-	-	-	-
-	-	-	-

AICE 790/790M/790MT

Elliptical Machine



Technical parameters

	AICE 790	AICE 790M	AICE 790MT
Technical parameters			
	2210mm*730mm*1660mm		
Product size			
Net/Gross weight	146kg/200kg	167kg/215kg	
The maximum bearing	180kg		
Resistance system	1-40 grade, Electromagnetic resistance control system	1-20 grade, Electromagnetic resistance control system	
Slope range	—	0-20 grade (15-35°)	
Flywheel weight	15kg		
Stride length	590mm		
Orbital adjustment	—	Stainless steel four rail	
Power supply mode	Spontaneous electricity	220V±15% (50/60Hz)	
Reluctance protection function	When the system automatically detects no load, 180S will automatically enter the standby state to protect the reluctance motor		
Standard function	Bluetooth music playback/Hand holding heart rate / USB charging/Feature light belt/ Unmanned automatic shutdown/Fault self-detection system	Bluetooth music playback/Hand holding heart rate / USB charging/Feature light belt/ Wireless charging Unmanned automatic shutdown/Fault self-detection system	Wifi/ Wireless charging/hand holding heart rate /USB multimedia player/ Unmanned automatic shutdown/Fault self-detection system
Optional feature	Wireless heart rate		
Screen	8 Windows WHITE LED digital display		15.6" HD touch screen
Display content	Resistance/Speed/Slope/Time/Distance/Heat/ Heart rate/Steps/Step frequency/Power/MET		5 sports mode interface/Leaderboard interface/ Entertainment interface/Start interface/ Application interface/ Settings interface can be switched freely

AIVB290/290T



Technical
parameters

Product size

1200mm*580mm*1550mm

Net/Gross weight

72kg/92kg

The maximum
bearing

180kg

Resistance system

Level 1-40, electromagnetic resistance control system

Flywheel weight

15kg

Seat adjustment

Seat adjustment with eleven gears

Power supply
mode

Spontaneous electricity

220V±15% (50/60Hz)

Reluctance
protection function

When the system automatically detects no load,
180S will automatically enter the standby state to protect the reluctance motor

Standard function

Hand hold heart rate /USB charging/
Feature light belt/Fault self-detection system

WIFI/ Heart rate in hand/Wireless charging/
USB charging/Feature light belt/Fault self-detection system

Optional features

Bluetooth music playback/
Wireless heart rate

Wireless heart rate

Screen

7 Windows white LED digital display screen

15.6" HD touch screen

Display content

Resistance/Speed/time/Distance/Heat/
Heart rate/Steps/Step frequency/Power/MET

5 sports mode interface/leaderboard interface/Entertainment interface/
Start interface/Application interface/Settings interface can be switched freely

Handle

Ergonomic elbow bracket

AIVB 290



AIVB 290T



AIRB 390/390T

Recumbent Cycle



	AIRB 390		AIRB 390T	
Technical parameters				
	1720mm*750mm*1430mm			
Product size				
Net/Gross weight	72kg/92kg			
The maximum bearing	180kg			
Resistance system	Level 1-40, electromagnetic resistance control system			
Flywheel weight	15kg			
Seat adjustment	Has 18 seat adjustment			
Power supply mode	Self-generating electricity		220V±15% (50/60Hz)	
Reluctance protection function	When the system automatically detects no load, 180S will automatically enter the standby state to protect the reluctance motor			
Standard function	Hand hold heart rate/USB charging/ Feature light belt/Fault self-detection system		WIFI/ heart rate in hand/Wireless charging/ USB charging/feature light belt/fault self-detection system	
Optional features	Bluetooth music playback/Wireless heart rate		Wireless heart rate	
Screen	7 Windows white LED digital display screen		15.6" HD touch screen	
Display content	Resistance/Speed/Time/Distance/ Heat/Heart rate/Steps/Step frequency/Power/MET		5 sports mode interface/leaderboard interface/Entertainment interface/ Start interface/Application interface/Settings interface can be switched freely	
Backrest	Ergonomic backrest to protect waist and reduce damage;the cut-out design keeps the back fresh at all times			



Treadmill

AICT12

Screen	LED white light
Drum diameter	φ100
Net weight	220KG
Continuous/Peak power	5.3HP/6.8HP
Running area	1620*580mm
Cover area	2200*1000mm

Spinning bike

AICT880

20KG	Flywheel weight
57KG	Net weight
1150*650mm	Covers area
1160*280*935mm	Packing size
Belt transmission	Transmission mode
High strength aluminum alloy pedal	Pedal



Treadmill

AICT12LT

Screen	18.5" HD touch screen
Drum diameter	φ100
Net weight	220KG
Continuous/Peak power	5.3HP/6.8HP
Running area	1620*580mm
Cover area	2200*1000mm

Rowing machine

AICT620

130KG	Maximum bearing
370mm×172mm	Pedal
Magnetic control system	Resistance system
1-16 grade	Resistance range
52.4KG	Net weight
2720*525mm	Cover area

